PUBERTY AND SEXUALITY


Heather has Two Mommies. Leslea Newman; 1991. Ages 3-6. Fiction. A 3 year old is surprised to discover that not all children have 2 mommies as she does.


The Care and Keeping of You. The Body Book for Girls by Valorie Lee Schaefer; 8-12 year old girls.


Specifically for Parents


Now That You Know.  Betty Fairchild and Nancy Hayward; 1989. Adults, Nonfiction. A guide for parents who have recently learned that their child is homosexual.

Talk to Me First: Everything You Need to Know to Become Your Kids’ “Go-To” Person About Sex. And Sex & Sensability: The Thinking Parent’s Guide to Talking Sense About Sex. Deborah Roffman (who is local and speaks at many area schools).

PUBERTY Specifically for Boys

From boys to Men: All about Adolescence and You. Michael Gurian, Daphne, Brian Floea

The boys body book: Everything You Need to Know for Growing Up YOU. Kelli Dunham


AMA’s Boy’s Guide to Becoming a Teen.  AMA, Kate Gruenwald Pfeifer, Edited by Amy Middleman, MD.